CHEF EXPRESS Menu

You have the opportunity to order lunch! All you have to do is call **732-571-0544** or ext. **42536** by 9:00 a.m. Lunches will be made fresh to order and ready to be picked up at each school between 11:00 a.m. & 12:00 p.m. daily. The menu choices are as follows:



Salads

Classic Chicken Caesar

□ Grilled chicken breast tossed over freshly chopped romaine lettuce, homemade croutons and freshly shredded parmesan cheese, served with our special Caesar dressing.

Chef Salad

Sliced ham, turkey, and provolone cheese served on a bed of mixed greens and topped with tomatoes, cucumbers and egg wedges, served with your choice of dressing.

Trio Salad

□ Fresh homemade tuna salad, cole-slaw, and egg salad, served over a bed of lettuce topped with tomatoes, cucumbers and broccoli florets.

Spinach Salad

 Crisp spinach topped with Feta cheese, craisins, onion, diced tomatoes with Balsamic Dressing

Fruit Salad with Cottage cheese

□ Freshly cut seasonal fruit, served with cottage cheese

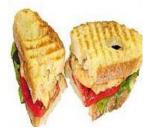
Ethnic Delight

Taco Salad

Hot Seasoned grilled chicken, black beans and corn served in a tortilla shell and topped with lettuce, shredded Cheddar cheese, diced tomatoes, sour cream and salsa.

Greek Salad

□ Assortment of vegetables mixed with romaine lettuce, feta cheese, and olive tossed in a vinaigrette dressing.





Paninis & More

Grilled Chicken Panini:

□ Sliced chicken breast, mozzarella cheese & roasted red peppers, sprinkled with balsamic vinaigrette dressing on focaccia bread.

Turkey Reuben Panini:

□ Thinly Sliced cooked turkey breast topped with Swiss cheese, sauerkraut and spread of mustard on rye bread.

Monte Cristo Panini:

□ Thinly Sliced cooked turkey breast topped with sliced of Virginia ham accompanied by Swiss cheese and spread of mustard on a zesty French Toast.

Veggie Panini:

□ Fresh marinated grilled vegetables topped with provolone cheese sprinkled with balsamic vinaigrette dressing on focaccia bread.

Tuna Melt Panini:

• Our house made tuna fish salad embraced with American cheese on rye bread

Toasted Italian:

□ Sliced Ham, Salami and Provolone with house made pesto toasted on a sub roll with lettuce, tomato, red onion.

Toasted Turkey Ranch BLT

• Oven Roasted turkey, Swiss cheese melted to perfection with bacon, lettuce and tomato and ranch dressing.

Deli Sloppy Joe:

Thinly sliced ham and turkey topped with creamy Cole slaw, Russian dressing served on rye bread.



Cold Deli Sandwiches (Made-to-Order)

The following sandwich items are available daily

- Tuna salad, egg salad, chicken salad, ham, turkey, salami with choice of provolone, American and Swiss cheese.
- □ All sandwiches are topped with lettuce and tomato, mustard and mayonnaise served on the side.

Breads Available:

□ Kaiser roll, sub roll, rye, wheat, white, pita, or spinach, tomato or garlic wrap.

Turkey Pesto Sandwich:

Thinly sliced oven roasted turkey breast topped with mozzarella cheese, lettuce and slices of tomato with a spread of homemade pesto sauce on a French bread roll.

Cajun Chicken Wrap:

Sliced Cajun breast of chicken on a tortilla wrap topped with shredded lettuce and tomato with chipotle aioli

Grilled Vegetable Wrap:

□ Fresh grilled vegetables on your favorite tortilla wrap topped with shredded lettuce and tomato.

ALA-CARTE PRICE FOR SINGLE MENU ITEM: **\$4.00** ENJOY AND THANK YOU FOR YOUR PARTICIPATION. Please no tips are accepted.

Your feedback is very important to us.

Nawal Maroun- Food Service Manager Bill Shaw- Chef Manager