# **CHEF EXPRESS Menu**

You have the opportunity to order lunch! All you have to do is call **732-571-0544** or ext. **42536** by 9:00 a.m. Lunches will be made fresh to order and ready to be picked up at each school between 11:00 a.m. & 12:00 p.m. daily. The menu choices are as follows:



## Salads

## **Classic Chicken Caesar**

□ Grilled chicken breast tossed over freshly chopped romaine lettuce, homemade croutons and freshly shredded parmesan cheese, served with our special Caesar dressing.

## **Chef Salad**

Sliced ham, turkey, and provolone cheese served on a bed of mixed greens and topped with tomatoes, cucumbers and egg wedges, served with your choice of dressing.

## Trio Salad

□ Fresh homemade tuna salad, cole-slaw, and egg salad, served over a bed of lettuce topped with tomatoes, cucumbers and broccoli florets.

### Spinach Salad

 Crisp spinach topped with Feta cheese, craisins, onion, diced tomatoes with Balsamic Dressing

## Fruit Salad with Cottage cheese

□ Freshly cut seasonal fruit, served with cottage cheese

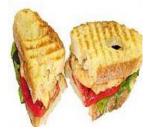
## **Ethnic Delight**

### Taco Salad

Hot Seasoned grilled chicken, black beans and corn served in a tortilla shell and topped with lettuce, shredded Cheddar cheese, diced tomatoes, sour cream and salsa.

## **Greek Salad**

□ Assortment of vegetables mixed with romaine lettuce, feta cheese, and olive tossed in a vinaigrette dressing.





## Paninis & More

## **Grilled Chicken Panini:**

□ Sliced chicken breast, mozzarella cheese & roasted red peppers, sprinkled with balsamic vinaigrette dressing on focaccia bread.

#### **Turkey Reuben Panini:**

□ Thinly Sliced cooked turkey breast topped with Swiss cheese, sauerkraut and spread of mustard on rye bread.

#### Monte Cristo Panini:

□ Thinly Sliced cooked turkey breast topped with sliced of Virginia ham accompanied by Swiss cheese and spread of mustard on a zesty French Toast.

#### **Veggie Panini:**

□ Fresh marinated grilled vegetables topped with provolone cheese sprinkled with balsamic vinaigrette dressing on focaccia bread.

#### Tuna Melt Panini:

• Our house made tuna fish salad embraced with American cheese on rye bread

#### **Toasted Italian:**

□ Sliced Ham, Salami and Provolone with house made pesto toasted on a sub roll with lettuce, tomato, red onion.

#### **Toasted Turkey Ranch BLT**

• Oven Roasted turkey, Swiss cheese melted to perfection with bacon, lettuce and tomato and ranch dressing.

### **Deli Sloppy Joe:**

Thinly sliced ham and turkey topped with creamy Cole slaw, Russian dressing served on rye bread.



## Cold Deli Sandwiches (Made-to-Order)

## The following sandwich items are available daily

- Tuna salad, egg salad, chicken salad, ham, turkey, salami with choice of provolone, American and Swiss cheese.
- □ All sandwiches are topped with lettuce and tomato, mustard and mayonnaise served on the side.

### **Breads Available:**

□ Kaiser roll, sub roll, rye, wheat, white, pita, or spinach, tomato or garlic wrap.

## **Turkey Pesto Sandwich:**

Thinly sliced oven roasted turkey breast topped with mozzarella cheese, lettuce and slices of tomato with a spread of homemade pesto sauce on a French bread roll.

## **Cajun Chicken Wrap:**

Sliced Cajun breast of chicken on a tortilla wrap topped with shredded lettuce and tomato with chipotle aioli

## **Grilled Vegetable Wrap:**

□ Fresh grilled vegetables on your favorite tortilla wrap topped with shredded lettuce and tomato.

ALA-CARTE PRICE FOR SINGLE MENU ITEM: **\$4.00** ENJOY AND THANK YOU FOR YOUR PARTICIPATION. Please no tips are accepted.

## Your feedback is very important to us.

Nawal Maroun- Food Service Manager Bill Shaw- Chef Manager