

CHEF EXPRESS Menu

You have the opportunity to order lunch!

All you have to do is call **732-571-0544** or ext. **42536** by 9:00 a.m.

Lunches will be made fresh to order and ready to be picked up at each school between 11:00 a.m. & 12:00 p.m. daily.

The menu choices are as follows:



Salads

Classic Chicken Caesar

- ❑ Grilled chicken breast tossed over freshly chopped romaine lettuce, homemade croutons and freshly shredded parmesan cheese, served with our special Caesar dressing.

Chef Salad

- ❑ Sliced ham, turkey, and provolone cheese served on a bed of mixed greens and topped with tomatoes, cucumbers and egg wedges, served with your choice of dressing.

Trio Salad

- ❑ Fresh homemade tuna salad, cole-slaw, and egg salad, served over a bed of lettuce topped with tomatoes, cucumbers and broccoli florets.

Spinach Salad

- ❑ Crisp spinach topped with Feta cheese, raisins, onion, diced tomatoes with Balsamic Dressing

Fruit Salad with Cottage cheese

- ❑ Freshly cut seasonal fruit, served with cottage cheese

Ethnic Delight

Taco Salad

- ❑ Hot Seasoned grilled chicken, black beans and corn served in a tortilla shell and topped with lettuce, shredded Cheddar cheese, diced tomatoes, sour cream and salsa.

Greek Salad

- ❑ Assortment of vegetables mixed with romaine lettuce, feta cheese, and olive tossed in a vinaigrette dressing.



Paninis & More

Grilled Chicken Panini:

- ❑ Sliced chicken breast, mozzarella cheese & roasted red peppers, sprinkled with balsamic vinaigrette dressing on focaccia bread.

Turkey Reuben Panini:

- ❑ Thinly Sliced cooked turkey breast topped with Swiss cheese, sauerkraut and spread of mustard on rye bread.

Monte Cristo Panini:

- ❑ Thinly Sliced cooked turkey breast topped with sliced of Virginia ham accompanied by Swiss cheese and spread of mustard on a zesty French Toast.

Veggie Panini:

- ❑ Fresh marinated grilled vegetables topped with provolone cheese sprinkled with balsamic vinaigrette dressing on focaccia bread.

Tuna Melt Panini:

- ❑ Our house made tuna fish salad embraced with American cheese on rye bread

Toasted Italian:

- ❑ Sliced Ham, Salami and Provolone with house made pesto toasted on a sub roll with lettuce, tomato, red onion.

Toasted Turkey Ranch BLT

- ❑ Oven Roasted turkey, Swiss cheese melted to perfection with bacon, lettuce and tomato and ranch dressing.

Deli Sloppy Joe:

- ❑ Thinly sliced ham and turkey topped with creamy Cole slaw, Russian dressing served on rye bread.



Cold Deli Sandwiches (Made-to-Order)

The following sandwich items are available daily

- ❑ Tuna salad, egg salad, chicken salad, ham, turkey, salami with choice of provolone, American and Swiss cheese.
- ❑ All sandwiches are topped with lettuce and tomato, mustard and mayonnaise served on the side.

Breads Available:

- ❑ Kaiser roll, sub roll, rye, wheat, white, pita, or spinach, tomato or garlic wrap.

Turkey Pesto Sandwich:

- ❑ Thinly sliced oven roasted turkey breast topped with mozzarella cheese, lettuce and slices of tomato with a spread of homemade pesto sauce on a French bread roll.

Cajun Chicken Wrap:

- ❑ Sliced Cajun breast of chicken on a tortilla wrap topped with shredded lettuce and tomato with chipotle aioli

Grilled Vegetable Wrap:

- ❑ Fresh grilled vegetables on your favorite tortilla wrap topped with shredded lettuce and tomato.

~~~~~

ALA-CARTE PRICE FOR SINGLE MENU ITEM: **\$4.00**  
ENJOY AND THANK YOU FOR YOUR PARTICIPATION.

Please no tips are accepted.

**Your feedback is very important to us.**

Nawal Maroun- Food Service Manager  
Bill Shaw- Chef Manager